Liveable Cities Lab

RESILIENT PUBLIC HEALTH SYSTEMS

2 June 2021 (Wed) | 3:00 - 5:00 p.m.

SPEAKERS



DR. MANUEL DAYRIT
Former Secretary of Health
Former Dean, Ateneo School
of Medicine and Public Health



MAYOR VICO SOTTO
Pasig City



Undersecretary
Department of Health

CO-PRESENTERS

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Liveable Cities Lab: Resilient Public Health Systems

Manuel M. Dayrit MD, MSc Adjunct Professor & former Dean Ateneo School of Medicine & Public Health

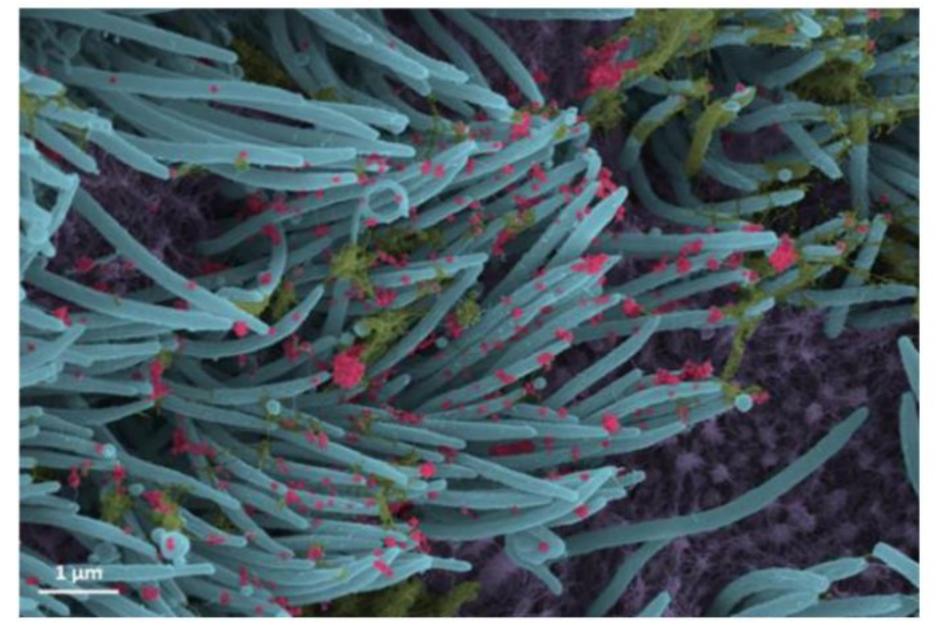
Liveable Cities Challenge, Webinar June 2, 2021



Outline

- Part 1: The health system a city perspective
- Part 2: The city's response to COVID-19 a health systems perspective

The viral threat: a close-up of COVID-19 in Lung cells

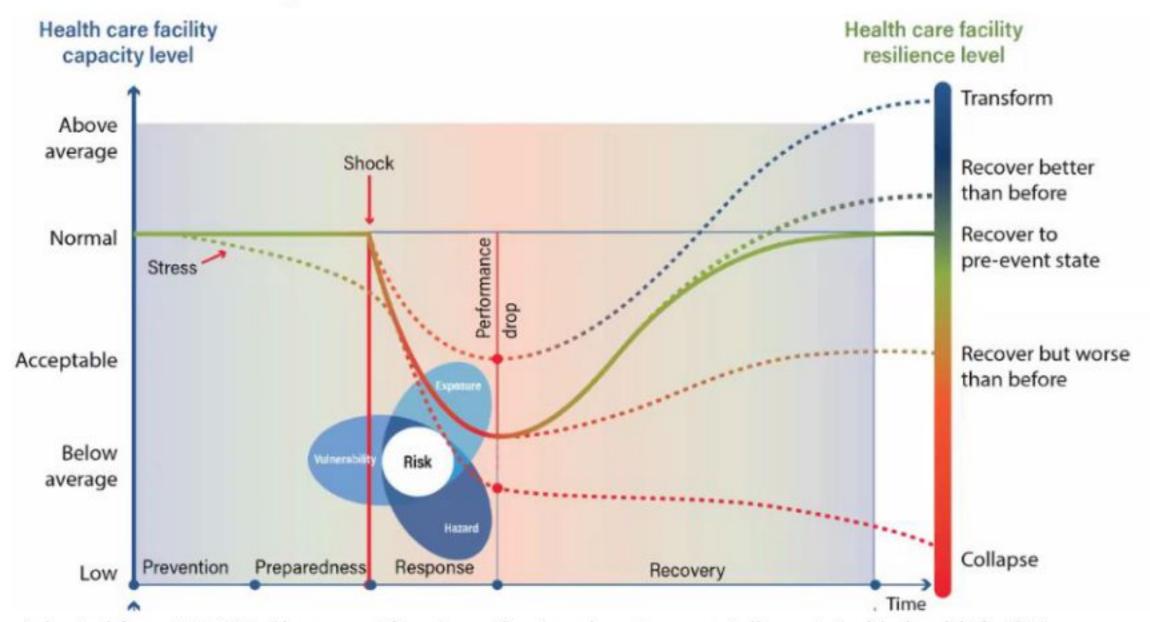


This colorized scanning electron microscope (SEM) image shows SARS-CoV-2-infected human lung cells (purple) covered in hair-like cilia (blue). Those cilia line the inner surface of the airways and help to clear mucus (yellow-green) containing dust and other debris from the lungs. Emerging from the surface of those infected airway cells are many thousands of coronavirus particles (red). In a lab dish containing about a million human cells, they've witnessed the virus explode from about 1,000 particles to about 10 million in just a couple of days.

Source: Dr. Francis Collins, NIH, Dec2020

Source: SARS-CoV-2 infection of airway cells. Ehre C. NEJM. 2020 Sep 3;383(10):969.

Health system resilience for COVID-19



Source: Adapted from WHO Guidance on Climate resilient and environmentally sustainable health facilities



Protecting people...











People Financing Revenue Generation Risk Pooling Feature Police Health Status

Allocation & Purchasing

Service Delivery
Public Health Services
Ambulatory Care
Input Management
Human Resources Knowledge
Pharmaceuticals Technology
Consumables

Consumables

Service Delivery
Public Health Services
Ambulatory Care
Inpatient Care

Trust/Satisfaction

Oversight

Information, Disclosure & Advocacy Strategic Partnerships & Incentives

Providers
Public/Private
Informal

Policy Setting

Regulation

The State
Politicians
Policy-makers

Source: David H. Peters, Johns Hopkins https://www.slideshare.net/FHScomms/health-system-elements

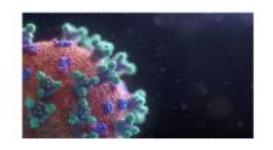


WHO definition

- A well-functioning health system working in harmony is built on having trained and motivated health workers;
- a well-maintained infrastructure (hospitals, clinics, labs etc);
- a reliable supply of medicines and technologies,
- backed by adequate funding;
- strong health plans and policies based on good evidence and health information;
- At the same time, because of the interconnectedness of our globalised world, health systems need to have the capacity to control and address global public health threats such as epidemic diseases and other severe events.

https://www.who.int/healthsystems/about/progress-challenges/en/

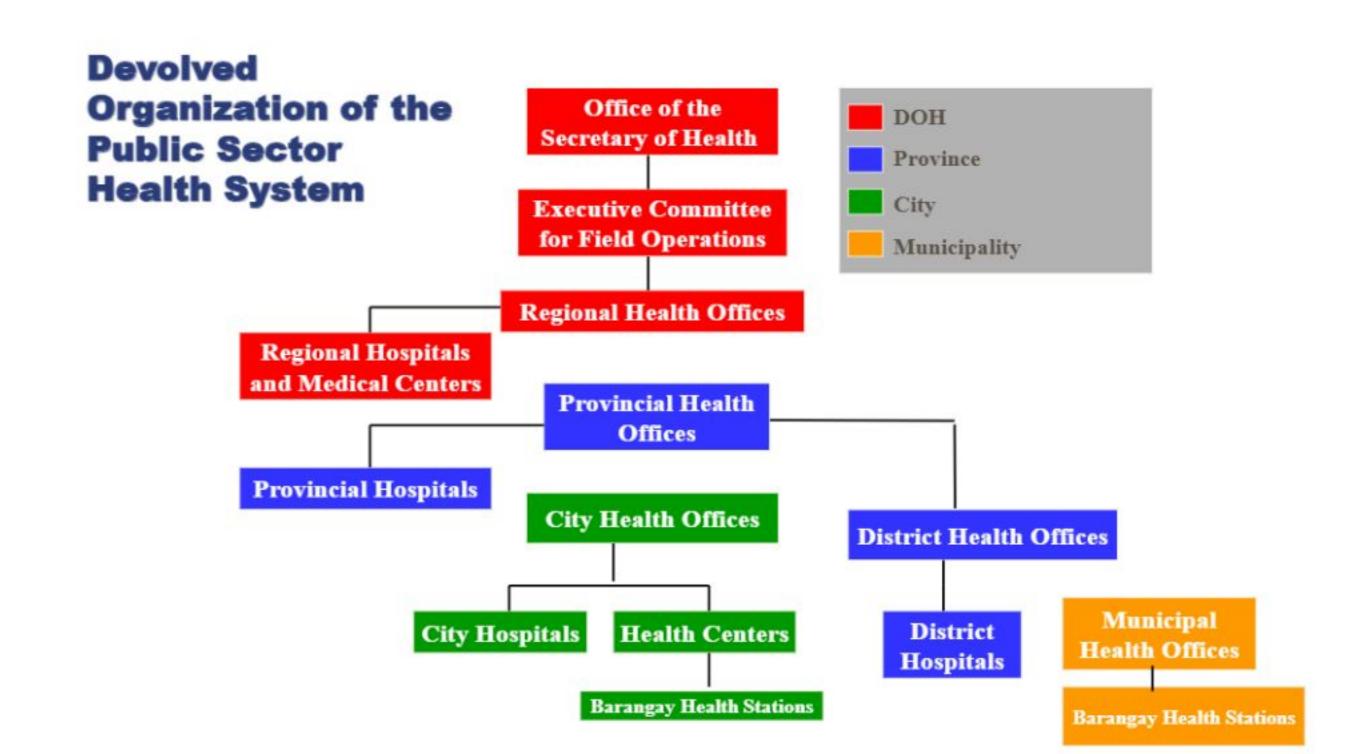
COVID-19 unmasked many health system challenges

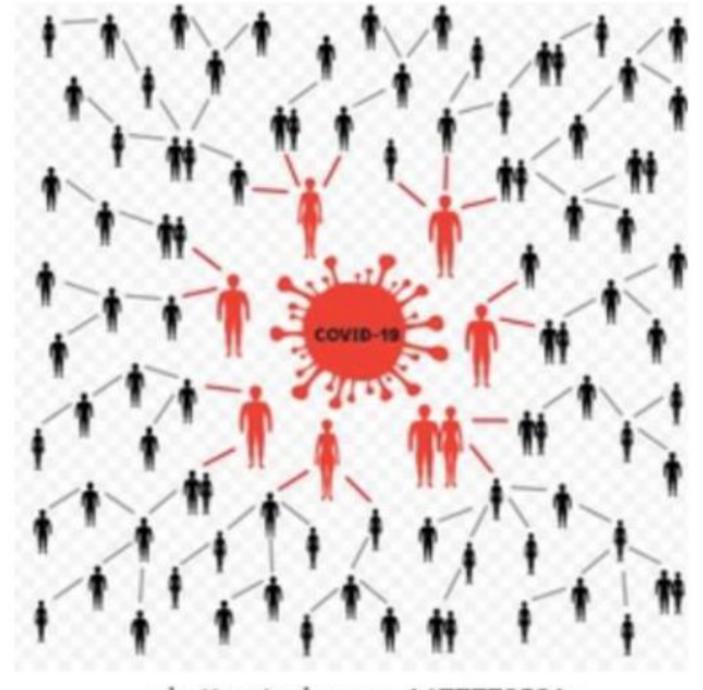


- Clarity in governance, local implementation
- Building capacity/facilities to test, trace, treat, vaccinate
- Data management delayed, incomplete, now improved & improving
- Human resources for health illness, deaths, exhaustion, shortage
- Financing (PhilHealth woes) inadequate coverage, delays, scandal
- Procuring supplies, medicines, vaccines
- Communicating to the public
- Restoring public confidence
- Reviving the economy
- Opening Public transport
- Opening schools

There is no perfect health system (Britnell, 2015). COVID-19 overwhelmed even the most developed. What can we learn from others?







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We must not underestimate the ability of the virus to grow exponentially, surge, mutate cause illness and death.

Our health system response must be equal to the viral threat.

Forecasted R Value for December 17, 2020: NCR Municipalities

R AVERAGE OVER TIME PERIODS (50% CREDIBLE INTERVAL, 90% CREDIBLE INTERVAL)

| LGU | R (MEAN) | As of 17 Dec 2020 |
|-------------|----------|-------------------------|
| MALABON | 1.3779 | |
| PATEROS | 1.2304 | |
| NAVOTAS | 1.1522 | |
| SAN JUAN | 1.1493 | |
| MANDALUYONG | 1.1263 | |
| MARIKINA | 1.1133 | Please |
| PASAY | 1.1093 | Interpret with |
| VALENZUELA | 1.0907 | Caution. |
| MUNTINLUPA | 1.0914 | (Shown values |
| PASIG | 1.0679 | are forecasted |
| MANILA | 1.0197 | values of R.) |
| QUEZON CITY | 1.0295 | |
| LAS PINAS | 1.014 | |
| MAKATI | 1.038 | |
| PARANAQUE | 0.9868 | |
| TAGUIG | 0,9618 | |
| CALOOCAN | 0.7792 | |
| NCR | 0.9824 | Source: EpiNow (FASSSTE |

14 out of 17 municipalities in NCR: Mean R Value of >1.0

NCR projected Rt for Dec 17: 0.9824 (higher vs Nov 27 Rt of 0.9692)

Top 5 LGUs with highest Rt:

Malabon

Pateros

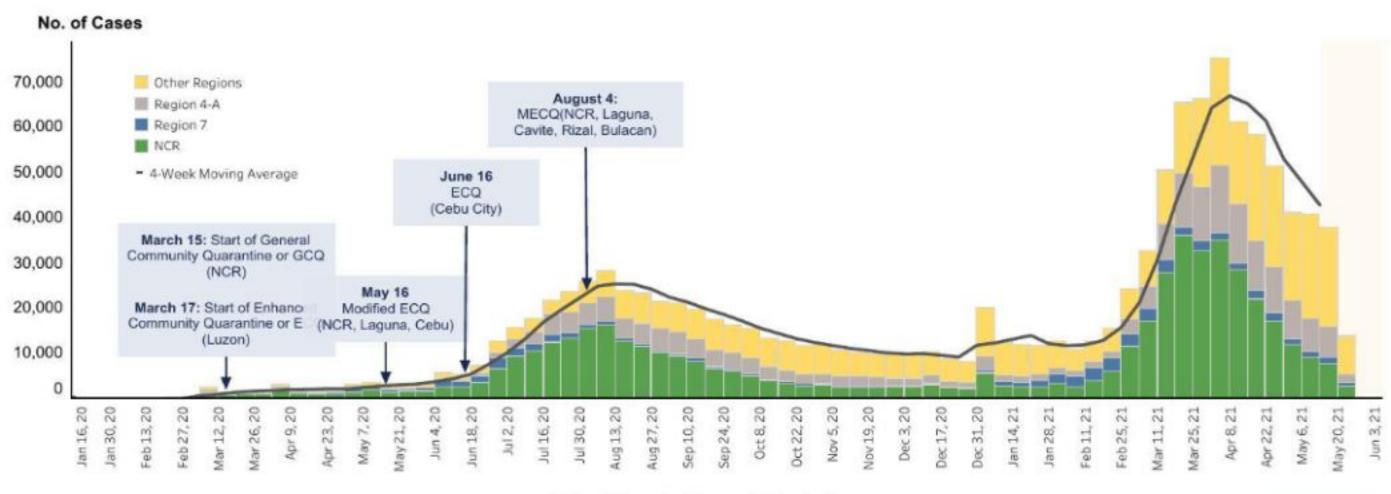
Navotas

San Juan

Mandaluyong

Confirmed COVID-19 Cases by Date of Onset of Illness (N=1,209,154)

Philippines, as of May 28, 2021



Date of Onset of Illness (Adjusted)

*Incomplete Week

Note: Date of specimen collection(minus 3) or date of report(minus 9) were used as proxy if date of onset is unavailable

Data in the area above may change due to incoming reports





Protecting lives, livelihoods, the economy...

- Protect the vulnerable;
- Minimize deaths and illness;
- Activate social safety nets;
- Keep essential economic services operating in the midst of the pandemic;
- Protect workers at front-line services;
- Sustain supply chains for food, essential goods, services.



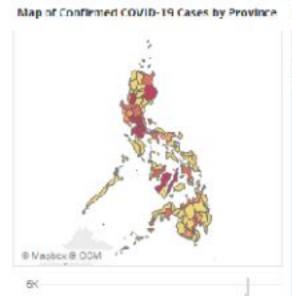
Resilient pandemic control in the city

- Optimizing the current capacity; building new capacity of the health system to respond to the pandemic
- Setting up laboratory facilities and COVID-19 testing protocols for general public, economic workers, returning oversease Filipinos;
- Mobilizing quarantine and isolation facilities by re-purposing existing facilities or constructing new ones;
- Trace contacts of confirmed cases for appropriate intervention;
- Expanding critical care facilities in hospitals;
- Vaccinate to achieve individual and population protection.



Examples of building the health system during pandemic

- Exemplary performance of NCR LGUs in the roll out of the vaccination program (set up vaccination sites, storage, data systems);
- Collaboration between public and private sector in capacity building for pandemic control eg. ramp up of testing, procurement of supplies, scale up of quarantine facilities, roll out of vaccination program;
- Setting up of databases and dashboard to track epidemic and vaccination program.





15,001-20,000

>20,000





500,742 Confirmed COVID-19 Cases

12,029 Active Cases 481,426 Recoveries 7,287 Deaths

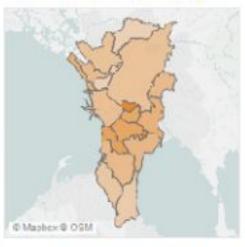
| | Total Confirmed Cases | Active Cases | Recoveries | Deaths | Case Fatality Rate |
|---------------|--------------------------|--------------|------------|--------|-----------------------|
| QUEZON CITY | 101,359 | 2,841 | 97,116 | 1,402 | 1.4% |
| MANILA | 64,055 | 1,261 | 61,645 | 1,149 | 1.8% |
| CALOOCAN CITY | 36,707 | 1,06/ | 31,918 | 692 | 1.9% |
| PASIG | 35,235 | 1,113 | 33,446 | 676 | 1.9% |
| TAGUIG | 34,086 | 694 | 33,146 | 246 | 0.7% |
| MAKATI | 33,049 | 840 | 31,746 | 463 | 1.496 |
| PARAÑAQUE | 26,848 | 580 | 25,997 | 271 | 1.0% |
| PASAY | 24,423 | 380 | 23,785 | 258 | 1.196 |
| VALENZUE A | 21,377 | 549 | 20,453 | 375 | 1.896 |
| MANDALUYONG | 20,648 | 399 | 19,903 | 266 | 1.3% |
| LAS PIÑAS | 17,964 | 602 | 17,134 | 228 | 1.396 |
| MARIKINA | 17,877 | 443 | 17,143 | 291 | 1.696 |
| MALABON | 14,086 | 216 | 13,623 | 247 | 1.896 |
| MUNTINIUPA | 14,008 | 467 | 13,350 | 191 | 1.496 |
| NAVOTAS | 11,304 | 159 | 10,974 | 171 | 1.5% |
| NAUL MAS | 9,675 | 226 | 9,321 | 129 | 1.3% |
| PATEROS | 4,679 | 142 | 4,498 | 39 | 0.8% |

National Capital Region (NCR)

500,742 Confirmed COVID 19 Cases

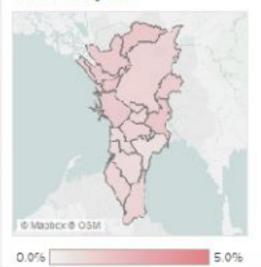
| | Projected Population (2020) | Total Confirmed Cases | AR/100K | Active Cases | Recoveries | Deaths | Case Fatality Rate |
|---------------|-----------------------------------|--------------------------|----------|--------------|------------|--------|-----------------------|
| QUEZON CITY | 3,147,571 | 101,350 | 3,220.2 | 2,841 | 97,116 | 1,402 | 1.496 |
| MANILA | 1,908,353 | 64,055 | 3,356.6 | 1,261 | 61,615 | 1,149 | 1.896 |
| CALOOCAN CITY | 1,698,054 | 36,707 | 2.161.7 | 1,067 | 34,948 | 692 | 1.990 |
| PASIC | 009,695 | 35,235 | 4,351.6 | 1,113 | 33,446 | 676 | 1.9% |
| TAGUIG | 862,881 | 37,086 | 3,950.2 | 991 | 33,116 | 216 | D. 796 |
| MAKATI | 624,560 | 33,049 | 5,291.6 | R40 | 31,746 | 463 | 1 496 |
| PARAÑAQUE | 713,774 | 26,948 | 3,751.4 | 580 | 25,997 | 271 | 1.0% |
| PASAY | 446,510 | 24,423 | 5,460.6 | 380 | 23,785 | 258 | 1.196 |
| VALENZUELA | 665,201 | 21,377 | 3,21/1.1 | 5/19 | 20,453 | 3/5 | 1.896 |
| MANDALUYONG | 414.095 | 20,648 | 4,986.3 | 399 | 19.983 | 266 | 1.390 |
| LAS PIÑAS | 631,305 | 17,964 | 2,845.5 | 502 | 17,134 | 228 | 1.3% |
| MARKINA | /83,203 | 17,877 | 3,699.7 | 113 | 17,113 | 291 | 1.696 |
| MALARON | 391,850 | 14,086 | 3,594.7 | 216 | 13,623 | 247 | 1 89h |
| MUNTINLUPA | 540,843 | 14,008 | 2,590.0 | 467 | 13,350 | 191 | 1.495 |
| SATOVAN | 267,420 | 11,304 | 4,226.0 | 159 | 10,974 | 171 | 1.5% |
| NAULNAS | 130,979 | 9,676 | 7,387.4 | 226 | 9,321 | 129 | 1,396 |
| PATEROS | 58,438 | 4,679 | 5,836.8 | 142 | 4,498 | 39 | 0.890 |

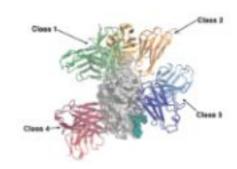
Attack Rate per 100,000 people





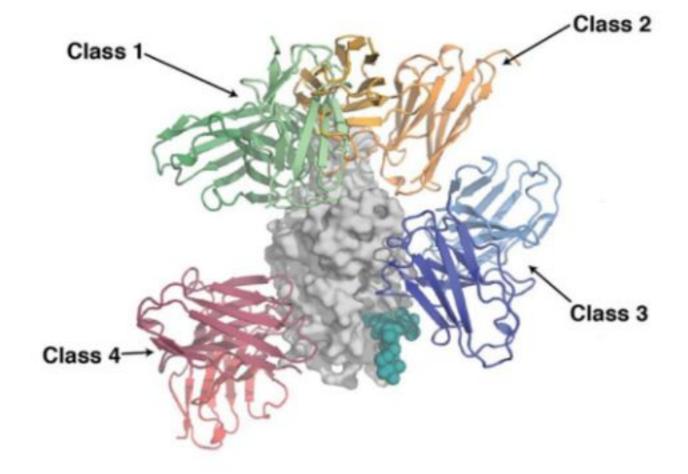
Case Fatality Rate





Our goals for 2021 and beyond

- Minimize COVID-19 transmission, prevent deaths.
- Undertake an effective vaccination program to build herd immunity against COVID-19.
- Re-gain consumer confidence, return to positive economic growth.
- Modernize and transform our health system



Four classes of neutralizing antibodies against SARS-CoV-2 bind to a part of the virus's spike protein called the receptor binding domain (RBD) (gray). Photograph by cryo-electron microscope (cryo-EM). Photo by Christopher Barnes, California Institute of Technology

Source: NIH Director's Blog (Dr. Francis Collins)

https://directorsblog.nih.gov/2020/12/03/caught-on-camera-neutralizing-antibodies-interacting-with-sars-cov-2/



Summary: top tips and takeaways

- Learn the governance lessons of the pandemic -- modernize our health system;
- Invest wisely in improving our health system and use resources well
- Achieve excellence in governance, synergy between national and local governments;
- Practice exemplary leadership and unity among sectors of government and society;
- Educate and inspire the youth and the next generation of health workers.

Thank you.

